From: Commander  
To: Distribution List  
Subj: SUICIDE AWARENESS AND PREVENTION PROGRAM  
Ref: (a) MCO P1700.24B  
(b) MCO P1700.29  
(c) MCO 5040.6H  
(d) NAVMC DIR 5040.6H  
Encl: (1) Suicide Awareness and Prevention Resources  

1. Situation. Suicides, suicidal incidents, suicidal behavior and ideations are a concern within Marine Corps Installations Command (MCICOM). With some people, suicidal intent is very difficult to identify or predict, even for a mental health professional. Some suicides may occur even in units with the best leadership climate and the most efficient intervention, awareness and prevention program. However, as with any plan, we must recognize the difficulties, minimize self-induced friction and understand the philosophy of effectively combating this issue.

2. Mission. Establish a vigorous community approach to prevent suicides and increase suicide awareness within MCICOM. These self-destructive acts negatively affect unit morale; esprit de corps; rob our force of valuable personnel; and adversely impact upon mission readiness and war fighting capability.

3. Execution  
   a. Commander's Intent and Content of Operations  
      (1) Commander's Intent. I intend to ensure all Marines and Sailors within the command are aware, educated, and trained on Suicide Awareness and Prevention. The ultimate responsibility for the welfare of Marines and Sailors resides with the commander. However, leaders at all levels must remain sensitive and responsive to the needs of Marines, Sailors, civilian employees and their families. Leaders must also educate subordinates as to their responsibilities to help Marines and Sailors, and initiate measures to prevent the loss of lives through suicidal behaviors.

      (2) Concept of Operations  
         a. Per references (a) and (b), this Order integrates multidisciplinary capabilities to assist commanders in implementing local programs that reflect best practices in suicide prevention. Program elements include but are not limited to awareness education, health promotion (through Semper Fit), life skills training, leadership training, Operational Stress Control and Readiness (OSCAR), Chaplain's Religious Enrichment Development Operation Retreats (CREDO), Military One Source, crisis intervention and risk management, treatment by mental health professionals, post prevention services
(i.e., services targeted toward surviving family members, co-workers and units), and casualty reporting and trend analysis. Numerous tools are available to assist in this effort and are listed in enclosure (1).

b. Per reference (b), under the Semper Fit 2000 Health Program, standardized annual education in suicide awareness and prevention is mandated for MCICOM. Commanders will coordinate with religious programs, medical treatment facilities and with community service centers to develop Suicide Awareness Programs. Regional and Installation Commanders will designate a Responsible Officer for the program to assemble a team that focuses on suicidal trends, tracking, manage the training, education, and updates for the installation.

c. Per reference (b), all training and education to include OSCAR can be obtained through Marine Corps Personal Service Program via the Marine Corps Community Service Family Service Center. Commanders will ensure designated personnel are fully trained to ensure unit training, awareness and compliance.

d. Upon assumption of command commanders will publish a command order on suicide awareness and prevention. The Order will be read and explained to all hands by the command leadership.

b. Tasks

(1) Major Subordinate Commands

a. Ensure subordinate commanders implement, establish and execute a Suicide Awareness and Prevention Program. Ensure compliance with the contents of this Order and the references.

b. Ensure program personnel are designated and Semper Fit 2000 training programs are implemented.

(2) Chaplain. Ensure all religious services personnel are well versed in suicide awareness and prevention training and prepared to assist in providing this training to units on an as needed basis.

(3) Command Inspector. Per references (c) and (d), Regional and Installation Commanders provide oversight and inspections to ensure all Installation Suicide Awareness and Prevention Programs are in compliance with Marine Corps orders, policies and directives.

4. Administration and Logistics. Directives issued by this Command are published and distributed by paper method.

5. Command and Signal

a. Command. This Order is applicable to all uniformed and civilian members under the cognizance of Marine Corps Installations Command.

b. Signal. This Order is effective the date signed.

J. A. KESSLER

DISTRIBUTION: B
Suicide Awareness and Prevention Resources

**Military Suicide Prevention**
USMC Suicide Prevention Program
http://usmc-mccs.org/suicideprevent/index.cfm?sid=m1&smid=1

Navy Suicide Prevention Program

**National Agencies**

American Association of Suicidology
http://www.suicidology.org/home

American Foundation for Suicide Prevention
http://www.afsp.org/

Centers for Disease Control (CDC)
http://www.cdc.gov/ViolencePrevention/suicide/index.html

Department of Health and Human Services
http://www.mentalhealth.org/suicideprevention/

National Institute of Mental Health (NIMH)

National Suicide Prevention Lifeline
http://www.suicidepreventionlifeline.org/