



# DOG HOUSE SENTINEL

## USMC INSTALLATION WATCHDOG

### JUNE 2022



The Emancipation Proclamation of 22 September 1862 abolished slavery on 1 January 1863. For many it wasn't until 19 June 1865 that the final proclamation was publicly announced and enforced in Galveston, Texas, officially ending slavery in the U.S. on 19 June 1865, now known and celebrated as Juneteenth!

**“Free at last. Free at last. Thank God almighty, we are free at last!”**

MLK “I have a dream” speech. Aug 28, 1963

#### RESOURCE LINKS

Juneteenth History: <https://nmaahc.si.edu/explore/stories/historical-legacy-juneteenth>

Alcoholics Anonymous: <https://www.aa.org/>

COVID Guide: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Ready Marine and Emergency Preparation: <https://www.ready.marines.mil>

Suicide Help: <https://www.usmc-mccs.org/services/support/dstress-line> or 877-476-7734

Sexual Assault Help: <https://safehelpline.org/> or 877-995-5247 (24/7)

Transportation Security Administration: <https://www.tsa.gov/precheck>

#### JUNE IS NATIONAL SAFETY MONTH

This month is focused on safety at work and at home. June marks the beginning of the summer season and the most hazardous time of year for all of us. Some considerations and links for you, your work-mates and your family to consider:

##### **HURRICANE SEASON:**

**Make a plan – Build a kit – Be informed**

☞ <https://www.noaa.gov/hurricane-prep>

☞ <https://www.ready.gov/hurricanes>

##### **HOME FIRE:**

**Prevent – Prepare – Practice**

☞ [www.ready.gov/home-fire-escape-plan](http://www.ready.gov/home-fire-escape-plan)

##### **WILD FIRE:**

**Build defense – Pack go-kit – Plan escape**

<https://www.readyforwildfire.org/prepare-for-wildfire/>

**HYDRATION:** Outdoor activities will deplete your fluid resources.

☞ <https://www.webmd.com/food-recipes/features/quest-for-hydration>

**TRAVEL:** Inspect your vehicle. Hoses, belts, Radiator coolant, Oil, Tire pressure, spare tire and wiper blades/fluid are critical summer concerns.

☞ <https://trips.safety.army.mil/TRiPS>

☞ <https://www.nhtsa.gov/summer-driving-tips>

**SLIPS, TRIPS AND FALLS:** These are the top and most preventable injury mishaps at work and home.

**Use proper reaching equipment - Isolate/mark dangerous surfaces - Practice good housekeeping**

☞ <https://www.nsc.org/workplace/safety-topics/slips-trips-and-falls/slips-trips-and-falls-home>

##### **SKIN PROTECTION:**

**Avoid direct sun – Cover – Sunglasses - Screen – Hydrate**

☞ <https://www.skincancer.org/skin-cancer-prevention/sun-protection/>

**PEDESTRIAN:** There are more people walking, bicycling, skateboarding and e-biking.

**Drivers must be more vigilant.**

**Pedestrians, be seen.**

☞ <https://www.nhtsa.gov/road-safety/>

**WATER SAFETY:** No surprise that water safety is a big concern in the summer and it can quickly become deadly.

- 👉 <https://www.fs.usda.gov/visit/know-before-you-go/water-safety>
- 👉 <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html>
- 👉 <https://www.uscgboating.org/>
- 👉 <https://www.poolsafely.gov/parents/safety-tips/>

## TRAILER SAFETY

If you tow a boat, trailer or camper, you must prepare before you hit the road. In addition to generic safety precautions, be aware that **each state has specific rules that may apply to towing.**

- 👉 <https://www.trailersafetyweek.com/towing-safely>
- 👉 <https://www.gmc.com/gmc-life/trucks/tips-for-safe-trailer-and-towing>

## FATHER'S DAY JUNE 19th

Celebrate or remember your dad today. For many of us, dad is the one who taught us how to climb ladders, work on the car, fish, and hunt, play sports and more. Yes, it was usually dad who involved us in more hazardous activities, but it was also dad, who picked us up, dusted us off and taught us about managing risk. Thanks for being there dad!



## FLAG DAY JUNE 14<sup>TH</sup>

Flag Day was recognized in different states at different times, however, it was institutionalized when it was celebrated in public schools in New York on June 14<sup>th</sup>, 1889. Unlike other countries, our flag changed as new states were added to the union. It reflects “E Pluribus Unum”; “Of Many, One”. Fly your flag proudly! It represents “you” and “us”.

## OSHA SAFETY CORNER

No matter who you are or where you work, by US public law (per 29 USC 654), all workers have a right to:

**“Raise a safety or health concern with your employer or OSHA, or report a work-related injury or illness, without being retaliated against.”**

Employees and supervisors alike must be aware of, and act on this law. Everyone must feel safe if they report a safety or health concern. If personnel make a report and are badgered by fellow employees or are retaliated against by supervisors or leadership, mission readiness and the overall safety of everyone is at risk.

If you want to report a safety or health concern, or a work-related injury or illness, you have several avenues available. Tell your supervisor, tell safety or make an anonymous “Unsafe, Unhealthy report and deliver or email it to:



- 👉 [Safety.mcicom@usmc.mil](mailto:Safety.mcicom@usmc.mil) If you want to know more, or would like to have training or an assessment of your work area, please contact the safety office.

The OSHA poster provides a list of your rights and responsibilities in the workplace. Contact the Safety Office for a copy, or visit our Safety Web site at:

- 👉 <https://www.mcicom.marines.mil/Sections/Safety-Division/>



**Stay Alert:**

**Stay Alive!**