



# DOGHOUSE SENTINEL

USMC INSTALLATION SAFETY PRESS



## April is Distracted Driving Awareness Month

Distracted driving isn't just risky for you; it can be deadly for nearby drivers, pedestrians, bicyclists, and workers. The National Highway Transportation Safety Administration (NHTSA) reported that 3,142 people lost their lives to distracted driving in 2020 (latest data). The risk is likely higher because distracted driving is difficult to identify after a crash. The risk of accidents while driving greatly increases when texting or talking on a phone. For more information, visit [Distraction.gov](https://www.nhtsa.gov/risky-driving/distracted-driving) or <https://www.nhtsa.gov/risky-driving/distracted-driving>



NHTSA's "**U Drive. U Text. U Pay**" campaign reminds drivers of the deadly dangers and the legal consequences for texting behind the wheel.

- If you must send or receive a text, pull over to a safe location and park your car first.
- If you have passengers, appoint a "designated texter" to handle all your messages.
- If you can't resist the temptation to look at your phone, keep it in the trunk.

### Noise Awareness Day, Apr 24

- International Noise Awareness Day was established in 1996 to raise awareness and educate the public about the harmful effects of noise on hearing, health, and quality of life.
- For more information visit <https://noiseawareness.org/>
- Hearing loss is the most common disability because it is chronic, i.e., it gradually worsens over time.

### Earth Day, April 22

- Before the first Earth Day in April 1970, there was no federal agency focused on the environment: no Clean Air Act, no Clean Water Act. Senator Gaylord Nelson created Earth Day to force environmental protection onto the national agenda and 20 million Americans participated in cities across the U.S. The movement was a success, and in December 1970, Congress authorized the creation of a new federal agency to tackle environmental issues: the U.S. Environmental Protection Agency.
- For more information visit <https://www.epa.gov/earthday>

### Workers' Memorial Day, April 28

- A day for honoring and recognizing those who died from occupational injuries and illness.
- For more information visit OSHA website, <https://www.osha.gov/workers-memorial#2023>



**STAY ALERT-STAY ALIVE**