



SUPER BOWL PARTY SAFETY TIPS



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The Super Bowl is one of the most watched sporting events of the year. Millions of football fans around the globe will huddle together and root for their favorite team. Some will tune in just to watch the commercials. Super Bowl parties are special events and many look forward to spending time with fellow fans, family and friends. Regardless of where you are when the Lombardi Trophy is hoisted, consider the following 'Safety Tips' which highlight potential penalties encountered during or after Super Bowl parties:

THE COACH'S BRIEFING POINTS:

- Alcohol Awareness; Motor Vehicle Safety; Fatigue; Party Host Responsibilities; ORM

SUPER BOWL PARTY SAFETY TIPS:

- Don't get flagged for drinking and driving! Have a designated driver, get a ride from a sober teammate, or stay where you are until your sober even if you have to sleep there.
- The best defensive strategy is to block your friends and teammate from leaving if they are drunk or even "just buzzing".
- If driving on Super Bowl Sunday, ensure your teammates are properly buckled up.
- Guard against distractions and speeding by managing the clock. Allow sufficient time to arrive at your destination safely.
- Tackle fatigue by planning to be where you're going to sleep by the end of the game. Stop drinking in the third quarter. Start drinking water to rehydrate before going to sleep. Be alert and sober when you leave.
- Maintain team integrity by keeping your team together. Don't allow someone to be pulled away from the group or go it alone.
- If hosting a Super Bowl party; intercept guest's car keys at the door, provide food and non-alcoholic beverages, stop serving alcohol in the 3rd Quarter, and be ready to provide crash space.
- In some states, Party Hosts can be penalized for guests' who crash after leaving your party.
- Consider alternatives to driving if weather is not optimal.
- Many bars and restaurants offer free non-alcoholic drinks for 'designated drivers'.
- Remember, the day following the Super Bowl is a work day for many. Be alert and ready to pass along your best Monday morning quarterback assessments.

Fan's Don't Let Fan's Drive Drunk!