

## EMERGENCY PLANNING RESOURCES

The Federal Emergency Management Agency (FEMA) has valuable emergency planning resources.

**FEMA MOBILE APP** - disaster tips, interactive emergency kit list, storable emergency meeting locations and more.  
<https://www.fema.gov/mobile-app>

## FAMILY PLANNING INFORMATION

<http://www.ready.gov/make-a-plan>

## PARENTS PLANNING GUIDE

<http://www.ready.gov/kids/parents>

## CHILDREN PLANNING GUIDE

<http://www.ready.gov/kids>

## EMERGENCY SUPPLY KIT

<http://www.ready.gov/build-a-kit>

## VEHICLE EMERGENCY PREPAREDNESS

<http://www.ready.gov/car>

Join America's PrepareAthon!, a national campaign to increase community preparedness. Planning and preparing can make a big difference in staying safe during and after a disaster.

## WHAT CAN I DO?

- Register to participate in America's PrepareAthon!
- Plan a local community or organizational preparedness event
- Participate in online discussion forums
- Learn how to prepare for disasters
- Develop a preparedness plan for your family, community, or organization
- Take the training to become a Community Emergency Response Team (CERT) volunteer

# ARE YOU READY?

Have you developed a family emergency plan? Does your family know what to do in the event of a disaster -- who to notify that they are safe or where to meet?

## CREATE A FAMILY EMERGENCY PLAN

### September is National Preparedness Month

BE DISASTER AWARE, TAKE ACTION TO PREPARE

Keep your family safe by participating in America's PrepareAthon!

**Sept. 30 – National Day of Action**



## WHERE CAN I GET MORE INFORMATION?

For more information about disasters, preparedness and ways to get involved in America's PrepareAthon! please visit [Ready.gov/prepare](http://Ready.gov/prepare).

AMERICA'S  
**PrepareAthon!**  
BE SMART. TAKE PART. PREPARE.

For additional resources visit  
[Ready.gov/prepare](http://Ready.gov/prepare)

[Ready.gov/prepare](http://Ready.gov/prepare)

## WHAT IS A FAMILY EMERGENCY PLAN?

A family emergency plan outlines what you and your family will do in an emergency. It should include who to contact during an emergency and a meeting spot if your family is separated.

## HOW DO WE MAKE ONE?

Make your plan as a family. Discuss the disasters that can happen where you live. Explain the dangers to children and work with them to prepare your whole family. Establish responsibilities for each member of your family and plan to work together as a team. Be sure to include all caregivers in your planning efforts.

## EMERGENCY CONTACT PERSON

Ask a friend or relative who lives in another city or state to be your family's emergency contact. Following a disaster, family members should text this person and tell them where they are. After a disaster, it is easier to send a text message and to post a message on social media (Facebook, Twitter) than to make a phone call.

**NOTE:** Unless you are in immediate danger, send a text. Texts have an easier time getting through during emergencies, and you don't want to tie up phone lines needed by emergency responders (like 911). For additional family communication tips, please go to <http://m.fema.gov/family-communications>.

## FAMILY CONTACT LIST

Create a family contact list and make sure everyone carries a copy of it in their wallet or backpack.

## IN CASE OF EMERGENCY NUMBERS

Enter ICE phone numbers into your cell phones so emergency personnel know who to contact if you're in an accident or have a medical emergency. If you have a smart phone, add the information to your lock screen. You can also add information helpful to medical personnel such as food and medicine allergies and if you are taking medications.

## FAMILY MEETING SPOTS

Choose two locations for your family to meet in an emergency. One should be near your home in case of a sudden emergency, like a fire. The other should be away from your neighborhood in case you cannot return home or are asked to evacuate.

## ESCAPE ROUTES

Create an escape plan that has two ways out of every room. Expand the plan to include routes from your home to the meeting spots.

## DISASTER KITS

Build 72-hour emergency supply kits for your home and your car. Make sure everyone knows where the kits are and how to use the items in the kits.

## EMERGENCY MEDICAL TRAINING

Take a first aid and CPR class or even become a Community Emergency Response Team (CERT) member.

## FIRST RESPONDERS

Know where the closest hospitals and police and fire stations are and the fastest way to get to them.

## PRACTICE THE PLAN

Practice your plan monthly so that everyone knows what to do during an emergency. When you hear of an emergency in another area, talk about what you would do if it happened in your community. By discussing and practicing, your family will be better prepared to handle a real emergency.

## BE A GOOD NEIGHBOR

Meet with your neighbors and learn whether they have special skills or equipment. Plan to meet if your neighborhood is affected by a disaster. Put together a list of elderly, disabled or single parent neighbors who may require assistance during an emergency.

## DON'T FORGET ABOUT YOUR PETS!

Plan to take your pets with you if you evacuate. Some emergency shelters may not allow pets. Check with your local emergency management agency regarding shelters that accept pets. Also, put together a list of family, friends, boarding facilities and "pet-friendly" hotels that allow pets during in an emergency.