

EMERGENCY PLANNING RESOURCES

The Federal Emergency Management Agency (FEMA) has valuable emergency planning resources.

FEMA MOBILE APP - disaster tips, interactive emergency kit list, storable emergency meeting locations and more.
<https://www.fema.gov/mobile-app>

FAMILY PLANNING INFORMATION

<http://www.ready.gov/make-a-plan>

PARENTS PLANNING GUIDE

<http://www.ready.gov/kids/parents>

CHILDREN PLANNING GUIDE

<http://www.ready.gov/kids>

EMERGENCY SUPPLY KIT

<http://www.ready.gov/build-a-kit>

VEHICLE EMERGENCY PREPAREDNESS

<http://www.ready.gov/car>

Join America's PrepareAthon!, a national campaign to increase community preparedness. Planning and preparing can make a big difference in staying safe during and after a disaster.

WHAT CAN I DO?

- Register to participate in America's PrepareAthon!
- Plan a local community or organizational preparedness event
- Participate in online discussion forums
- Learn how to prepare for disasters
- Develop a preparedness plan for your family, community, or organization
- Take the training to become a Community Emergency Response Team (CERT) volunteer

ARE YOU READY?

Have you put together an emergency disaster kit? Does your family have food and drinking water set aside in case electricity is out and water is not available?

CREATE AN EMERGENCY DISASTER KIT

September is National Preparedness Month

BE DISASTER AWARE, TAKE ACTION TO PREPARE

Keep your family safe by participating in America's PrepareAthon!

Sept. 30 – National Day of Action



WHERE CAN I GET MORE INFORMATION?

For more information about disasters, preparedness and ways to get involved in America's PrepareAthon! please visit Ready.gov/prepare.

AMERICA'S
PrepareAthon!
BE SMART. TAKE PART. PREPARE.

For additional resources visit
Ready.gov/prepare

Ready.gov/prepare

WHAT IS AN EMERGENCY SUPPLY KIT?

An emergency supply kit includes basic supplies that everyone should have on hand to survive for at least three days if an emergency occurs. The kit should include supplies you will need if the power is out, water supplies were cut and grocery stores are not open. You can add to your supplies over time as your budget permits.

WHAT IS INCLUDED IN AN EMERGENCY SUPPLY KIT?

Following is a listing of some basic items that every emergency supply kit should include. However, it is important that you review this list and consider the unique needs of your family in order to create the best kit for your family.

HOW MANY KITS SHOULD MY FAMILY HAVE?

You should consider having at least two emergency supply kits - a full kit at home and smaller, portable kits in your vehicle, at your workplace or other places where you spend time. The portable kits are helpful because you may not be at home when an emergency occurs.

BASIC EMERGENCY SUPPLIES

A basic emergency kit includes:

- ✓ Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- ✓ Food, at least a three-day supply of non-perishable food; can opener if kit contains canned food
- ✓ Battery-powered or hand crank flashlight, radio, a NOAA Weather Radio and cell phone charger; extra batteries
- ✓ Medical supplies – a first aid kit, prescription and non-prescription medicine
- ✓ Whistle to signal for help
- ✓ Dust mask, to filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- ✓ Moist towelettes, garbage bags and plastic ties for personal sanitation
- ✓ Local maps
- ✓ Infant formula and diapers (if you have an infant)
- ✓ Pet food and extra water (if you have pets)
- ✓ Cash or traveler's checks

ADDITIONAL EMERGENCY SUPPLIES

Once you have built a basic emergency supply kit, consider adding these items to improve your family's comfort during an emergency.

Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.

Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.

Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.

Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.

Fire extinguisher

Matches in a waterproof container.

Mess kits, paper cups, plates and plastic utensils, paper towels.

Books, games, puzzles or other **activities for children**.