



OCTOBER 2015: ENERGY ACTION MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>October is Energy Action Month. Put this calendar on your bulletin board, desk, or refrigerator and check off <input checked="" type="checkbox"/> the energy actions you are able to take each day this month. Every step you take or habit you develop is important—You Have The Power to help the Marine Corps.</p>				<p>1</p> <p>It's Energy Action Month! Learn more: http://energy.gov/eere/femp/energy-action-month</p>	<p>2</p> <p>Do you know who your Unit Energy Manager (UEM) is? Ask your S-4 today!</p>	<p>3</p> <p>For more on USMC Energy, visit: http://www.mccom.marines.mil/Units/GFFacilities/GF1Energy.aspx</p>
<p>4</p> <p>To learn about energy on the battlefield, visit: http://www.hqmc.marines.mil/e2o/E2OHome.aspx</p>	<p>5</p> <p>Lighting week! Turn off at least one light that you don't need.</p> 	<p>6</p> <p>Try using task lighting at work instead of overheads.</p> 	<p>7</p> <p>Look for old, incandescent light bulbs. Ask if they can be replaced with CFLs or LEDs.</p> 	<p>8</p> <p>Try working near a window today instead of turning on artificial light.</p> 	<p>9</p> <p>The sun isn't just for natural light – find out if your base has solar panels.</p> 	<p>10</p> <p>Read the Energy Action Month ALMAR for more information on how energy relates to the mission.</p>
<p>11</p> <p>Do you know how power strips should be used? Find out, and see if you can obtain one.</p>	<p>12</p> <p>Plug load week! Shut your monitor and computer off when you leave the office.</p> 	<p>13</p> <p>Look around your office and unplug any unused appliances.</p> 	<p>14</p> <p>Look around your living space and unplug any unused appliances or electronics.</p> 	<p>15</p> <p>Unplug all of the chargers in your living space and office that aren't in use.</p> 	<p>16</p> <p>Plug your TV and game system into a power strip and turn it off when not in use.</p> 	<p>17</p> <p>Have you talked to your UEM? Send them a message today to find out how you can help.</p>
<p>18</p> <p>Save gas today by walking, biking, or carpooling. Gotta drive? Turn off the car rather than idle.</p>	<p>19</p> <p>Water week! When you get ready, turn off the water while you shave, wash your face, or brush your teeth.</p> 	<p>20</p> <p>Today, try a "combat shower." Turn the water off while you're sudsing up.</p> 	<p>21</p> <p>Go for a walk and look for water waste, indoors and out. Report your findings to your UEM.</p> 	<p>22</p> <p>Laundry day? Do it only if you have a full load, and wash in cold water.</p> 	<p>23</p> <p>Notice water drips at work or in your home? Turn off the faucet, or report the leak.</p> 	<p>24</p> <p>Post your favorite energy tip so far on social media. #EnergyActionMonth #YouHaveThePower</p>
<p>25</p> <p>Talk to a family member or colleague about how to continue savings throughout the year.</p>	<p>26</p> <p>Heat and AC week! Look for open, cracked, or leaky doors and windows. Shut or report them.</p> 	<p>27</p> <p>Adjust your office or home thermostat 2 or 3 degrees to use less heat or AC.</p> 	<p>28</p> <p>Warm this afternoon? Leave the AC alone and close the window blinds to not let in as much sun.</p> 	<p>28</p> <p>If your work or living space is too hot or cold, tell your UEM today and see if it can be fixed.</p> 	<p>30</p> <p>Turn off your AC or heater when you leave your room/house today.</p> 	<p>31</p> <p>Happy Halloween! Share your favorite new energy tricks and treats online using the hashtag #YouHaveThePower</p>