

OCTOBER 2014: Energy Action Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>October is Energy Action Month. Put this calendar on your bulletin board, desk, or refrigerator and check off <input checked="" type="checkbox"/> the energy actions you are able to take each day this month. Every step you take or habit you develop is important—you have the power to help the Marine Corps.</p>			1	2	3	4
			Learn how your fellow Marines are saving energy during Energy Action Month – go to the Marines.mil news tab, or your own installation's website, and search for "energy".	Let's start simple. Get up, right now, and turn off at least one light that you don't need. Developing a habit of turning off lights is one of the easiest ways to save energy.	It's Friday: Time to unplug! Turn off your AC or heater and unplug large items when you leave your room today, especially if you are leaving for the weekend.	Many installations are holding Energy Action Month events. Check your base's news sites, event calendars, or MCCS site and attend at least one.
5	6	7	8	9	10	11
Join the energy conversation! Tweet @USMC or post on the Marine Corps Facebook Page and tell us how you're saving energy and water this #EnergyActionMonth.	Ask about your office's IT policies – if you can, shut your computer down when you leave the office. If you can't, remember to at least shut off your monitor.	If your workplace allows it, try turning off your overhead lights. Instead, use a task light, desk lamp, or open window blinds for natural light.	Go online and take the Energy Awareness training course to learn more about energy in your installation's buildings. https://www3.mcieast.usmc.mil/uem/	Today, try a "combat shower". Rinse, turn the water off, soap up, and then turn the water back on to rinse again. See if you can keep the water on for less than 2 or 3 minutes.	Take a walk around your home and workplace and look at the bathrooms and any other areas that use water. See any water dripping? Turn it off, or report a leak.	Go around your living space and unplug all of your chargers (laptops, phones, and tablets) when not in use. These small efforts can lead to big results.
12	13	14	15	16	17	18
Do you have a power strip? Using one properly can reduce your idle electricity use. Go online to learn about how to use them properly, and pick one up at the MCX.	Happy Monday! Go take a walk around your workplace – look for open, cracked, or leaky doors and windows. If the AC or heat is on, shut them, or report your concerns.	Time to brainstorm – think of one creative way to save energy in your unit. Now, send it to your fellow Marines and other leaders, and post it on social media using #EnergyActionMonth.	Visit the Marine Corps Installations Energy website for articles, links, goals, and ways to save energy. http://www.mcicom.marines.mil/Units/GF-Facilities/GF1Energy.aspx	Look around your workplace or barracks for old, incandescent light bulbs. If you find any, ask if they can be replaced with CFLs, which use less energy and last longer.	Grab a friend – do a walk around your unit's facilities to look for instances of energy and water waste, particularly in shared rooms or common areas.	Hopefully you now have a power strip in your living space. Plug your TV, DVD player, game system, or other electronics into it, and shut it off when these items are not in use.
19	20	21	22	23	24	25
Laundry day? Wash your clothes in cold water, only run the washing machine if you have a full load, and empty the dryer lint filter. All of this saves electricity.	Get ready for the week! When you shave, wash your face, and brush your teeth today, don't let the water run. Try to see how little you can use.	Look around your desk, office, and breakrooms. Find one appliance that isn't being used, and unplug it. If you rarely use it, put it away.	Did you read the Energy Action Month MARADMIN? Did your Commander put out a memo? Read them to understand why energy is so important to the Corps.	Adjusting your thermostat two or three degrees (when using heat or AC) can help save money and energy. Go have a look and adjust it now!	Talk to a roommate, family member, or colleague about Energy Action Month, and decide on an energy or water saving idea or strategy to keep your space efficient.	Have you seen any energy competitions going on? They're out there! Make sure you participate – ask around to see how you can get involved.
26	27	28	29	30	31	
Energy efficiency is about vehicles, too. Try to save gas today by walking, biking, or carpooling. And don't let your personal or work vehicle idle – it wastes a lot of gas.	Do you have a Unit Energy Manager (UEM)? Find out who he or she is and have a quick talk. Ask what you can do to help save energy and water in your unit.	Is there renewable energy on your base? Have you used renewable energy during your training? Take today to find these answers and learn more about renewable energy projects in the Marine Corps!	Visit the Expeditionary Energy website to learn about how Marines are conserving energy and water on the battlefield. http://www.hgmc.marines.mil/e2o/E2OHome.aspx	Which energy tip was your favorite? Did you develop any new, efficient habits? Let us know on social media how #EnergyActionMonth made you think about your energy use.	Happy Halloween! Beware of "vampire energy" – appliances and chargers use electricity, even when they are turned off. A reminder to go unplug!	 <p>MARINE CORPS ENERGY</p>